



JULY




THE SUZUKI SCHOOL MENU



Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

MENU CODING:
V=Vegetarian Option
*= May Contain Eggs
Underline=May Contain Dairy
^= May Contain Wheat

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
JULY 4-8	<p>SCHOOL CLOSED FOR JULY 4TH BREAK</p> 		<p>SCHOOL CLOSED FOR JULY 4TH BREAK</p>		<p>^*Maple Baked Oatmeal</p> <p>^Macaroni + Three Cheese Pasta w/ Maple Glazed Brussel Sprouts and Applesauce</p> <p>Sunbutter w/ ^Crackers</p>	<p>^Cereal Sundaes (Cereal, Yogurt, Fruit)</p> <p>^Fish Sticks w/ Yellow Rice, Green Beans, and Fruit Selection (V=^Veggie Nuggets)</p> <p>^Housemade Trail Mix</p>
JULY 11-15	<p>^Baked Cinnamon Apple Crumble</p> <p>^Spinach and Kale Pesto Pasta w/ Roasted Carrots and Fresh Fruit Selection</p> <p>Cheese w/ ^Crackers</p>	<p>^^Veggie Quiche</p> <p>^Ground Turkey Tacos w/ Saffron Rice, Roasted Corn and Fruit Selection (V=^Tofu Crumble Taco)</p> <p>Fresh Guacamole w/ ^Pita Chips</p>	<p>^Cinnamon Toast</p> <p>Texas Style Baked Beans w/ Brown Rice, Roasted Carrots, ^Warm Rolls, and Fruit Selection</p> <p>Guacamole w/ ^Pita Chips</p>	<p>Blueberries + Cream Oatmeal</p> <p>^^Veggie Alfredo Pasta w/ Broccoli, ^Garlic Knots, and Fruit Selection</p> <p>^Graham Crackers w/ Cream Cheese Dip</p>	<p>Green Smoothie</p> <p>Veggie and Wild Rice Casserole w/ Green Peas, ^Warm Rolls, and Fruit Selection</p> <p>Fresh Fruit Selection</p>	
JULY 18-22	<p>Cheese Grits</p> <p>^Four Cheese Ravioli w/ Marinara Sauce, Green Beans, ^Warm Rolls, and Fruit Selection</p> <p>Fresh Bananas w/ ^Graham Crackers</p>	<p>^^Homemade Banana Bread</p> <p>Chicken Fajitas w/ ^Tortillas, Peppers, Fiesta Rice, Black Beans, and Fruit Selection (V=^Veggie Patty)</p> <p>Roasted Corn Salsa w/ ^Pita Chips</p>	<p>Housemade Hash w/ Peppers and Onions</p> <p>^Grilled Cheese Sandwiches w/ Green Peas, Sweet Potato Fries, and Fresh Fruit Selection</p> <p>Sunbutter w/ ^Crackers</p>	<p>^Blueberry Crunch Bake</p> <p>^^Veggie Taco Spaghetti Pie w/ Sweet Corn and Fruit Selection</p> <p>Watermelon Salad w/ Mint + Lime</p>	<p>^Avocado Toast</p> <p>Teriyaki Chicken w/ Brown Rice, Stir Fried Veggies, and Mixed Berry Applesauce (V=Meatless Teriyaki)</p> <p>Fresh Fruit w/ Cheese</p>	
JULY 25-29	<p>Peaches and Cream Oatmeal</p> <p>Vegetable Stir Fry w/ ^Baked Egg Rolls, Stir Fried Vegetables, and Fresh Fruit Selection</p> <p>^Pita Chips w/ Housemade Spinach Dip</p>	<p>^Multigrain Cheerios w/ Fresh Fruit</p> <p>Ground Turkey Sloppy Joes on ^Warm Rolls w/ Green Beans, and Fresh Fruit Selection (V= Tofu Sloppy Joe)</p> <p>^Housemade Trail Mix</p>	<p>^^Warm Biscuits w/ Jam</p> <p>^Cheese Quesadilla on Spinach Tortilla w/ Black Beans, Green Peas and Fresh Fruit Selection</p> <p>^Celebration Key Lime Cake</p>	<p>Grits w/ Butter</p> <p>Hawaiian Chicken w/ Brown Rice, Green Peas and Carrots, ^Warm Rolls, and Fruit Selection (V=Meatless Hawaiian Chicken)</p> <p>Fresh Fruit Selection</p>	<p>SCHOOL CLOSED FOR TEACHER WORK DAY</p>	

ORGANIC OFFERINGS:
Carrots, Broccoli, Cherries, Strawberries, Spinach

FRESH FRUIT OFFERINGS:
Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)