## THE SUZUKI SCHOOL MENU

MENU CODING:
V=Vegetarian Option
*= May Contain Eggs
Underline=May Contain Dairy $\Lambda=$ May Contain Wheat facility that also processes nut products, and menu items are subject to change.

## MONDAY

Fresh Fruit and Yogurt

Chicken Fajitas w/ Peppers, Fiesta Rice, Sweet Corn, Fruit Selection, and ${ }^{\wedge}$ Warm Tortillas (V= ^*Veggie Patty)
^Graham Crackers w/ Housemade Cream Cheese Dip

Grits w/Butter
${ }^{\wedge}$ Grilled Cheese
Sandwiches w/Green Peas, Crisp Sweet Potato Fries, and Fresh Fruit Selection
$\wedge$ Monkey Munch Trail Mix w/ Yogurt
*Scrambled Eggs w/Salsa
^*Roasted Vegetable Pasta w/Marinara sauce, Sweet Carrots and Fruit Selection
${ }^{\wedge}$ Graham Crackers w/ Applesauce
^*Four Cheese Ravioli w/
Marinara Sauce, Green
Peas, ^*Warm Garlic Bread, and Fruit Selection
${ }^{\wedge}$ Cinnamon Toast
${ }^{\wedge}$ Ground Turkey Taco w/ Cheddar Sprinkles, Saffron Rice, Sweet Corn w/ Peppers, Fruit Selection ( $\mathrm{V}=$ ^ Tofu Crumble Taco)
^*Homemade Berry Bread
${ }^{\wedge}$ Cereal Sundaes
*Vegetable Fried Rice w/ ^*Baked Egg Rolls, Stir Fry Vegetables, and Fresh Fruit Selection

Fresh Fruit w/ Cheese
^Multigrain Cheerios w/ Fresh Fruit
^*Chili Lime Fish Stick Tacos w/Mango Salsa, Fiesta Rice, Sweet Corn and Fruit Selection ( $\mathrm{V}=\wedge^{\wedge}$ Meatless Taco)

Applesauce-Yogurt Swirl
^*Warm Biscuits w/Jam
^*Turkey Tortilla Casserole w/Green Beans, and Fruit Selection
( $V=\wedge^{* *}$ Meatless Tortilla Casserole)

Roasted Corn Salsa w/^*Pita Chips

## Spring Break: school closed

Cinnamon-Raisin Oatmeal

${ }^{\wedge *}$ Macaroni and Three
Cheese Pasta w/ Maple
Glazed Brussel Sproutsand
Mixed Berry Applesauce

Housemade ${ }^{\wedge}$ Trail Mix
Yogurt w/Fresh Fruit
^*Spinach and Kale Pesto
Pasta w/ Sweet Carrots,
${ }^{\wedge *}$ Warm Rolls, Fruit Selection
^*Pita Chips w/Hummus
${ }^{\wedge}$ Cinnamon Toast
Louisiana Style Red Beans w/ Brown Rice, Vegetable Medley, Housemade
$\wedge *$ Cornbread and Fruit Selection
^* Celebration Chocolate-
Zucchini Bread

Spring Break! SCHOOL CLOSED

Housemade Hash w/ Peppers and Onions
^*Turkey Stroganoff w/
^*Egg Noodles, Green
Beans, and Fruit Selection ( $\mathrm{V}=\wedge^{*}$ Meatless Stroganoff)
^*Warm Soft Pretzels w/Cheddar Sauce
^*Veggie Quiche

Orange Chicken w/Brown
Rice, Stir Fry Vegetables, and Fruit Selection (V=Meatless Orange Chicken)

Fresh Fruit Selection

Blueberries and Cream Oatmeal
^* Chicken Alfredo Pasta w/ Broccoli, ^*Warm Garlic
Bread, and Fruit Selection ( $\mathrm{V}=\wedge^{*}$ Veg. Alfredo)
${ }^{\wedge}$ Cheese w/ Crackers

FRIDAY

## Spring Break:

SCHOOL CLOSED
*Spinach + Cheese Fritatta
${ }^{\wedge}$ "Chicken and Wild Rice Casserole
w/Mixed Vegetables and Fruit Selection
(V=*^Vegetable Casserole)

Fresh Fruit Selection

Orange-Peach Smoothie

Ground Turkey Sloppy Joes
on ${ }^{\wedge *}$ Warm Rolls, Green
Beans, and Fresh Fruit Selection (V=^*Tofu
Crumble Sloppy Joe)

Fresh Guacamole w/^*Pita Chips

Hashbrowns with Onion and Pepers
${ }^{\wedge *}$ Chicken Nuggets
w/Sweet potato fries, peas, and carrots
(V= Veggie Nuggets)
$\wedge$ Housemade Trail Mix

