



THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.



MENU CODING:
V=Vegetarian Option
*= May Contain Eggs
Underline=May Contain Dairy
^= May Contain Wheat

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Summer Break! Summer Break! Summer Break!

SCHOOL CLOSED

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^*Blueberry Crunch Bake

^*Chicken Alfredo Pasta w/ Broccoli, ^*Warm Garlic Bread, and Fruit Selection (V=^*Veggie Alfredo)

Apple Slices w/ Yogurt Dip

^*Warm Biscuits w/Jam

Barbecue Chicken w/Baked Beans and Fruit Selection (V= Meatless Barbecue Chicken)

JUNE 12-16

JONE

Hummus and ^Crackers



^Multigrain Cheerios w/Fresh Fruit

Hawaiian Chicken w/Brown Rice, Green Peas and Carrots, and Fruit Selection (V=Meatless Hawaiian Chicken)

^Graham Crackers w/
Applesauce

^Sunflower Butter Toast w/ Fresh Bananas

^*<u>Turkey and Wild Rice</u>
<u>Casserole</u>, Sweet Carrots, and
Fruit Selection
(V=^*<u>Tofu and Wild Rice</u>
Casserole)

^*Oatmeal Raisin Bars

^*Three Cheese Frittata

^Ground Turkey Taco
w/<u>Cheddar Sprinkles</u>, Saffron
Rice, Sweet Corn w/Peppers,
Fresh Fruit Selection
(V= ^Tofu Crumble Taco)

Watermelon Salad w/Mint and Lime

^*Warm Biscuits w/Jam

Chicken Fajitas w/Peppers, Fiesta Rice, Sweet Corn, Fruit Selection, and ^<u>Warm</u> <u>Tortillas</u> (V= ^*Veggie Patty)

^*<u>Pita Chips</u> w/<u>Housemade</u> <u>Spinach Dip</u>

^*Broccoli and Cheese Frittata

^<u>Taco Spaghetti Pie</u> w/Vegetable Medley and Fruit Selection (V= ^<u>Veggie</u> <u>Spaghetti Pie)</u>

^*Pita Chips w/ Hummus

Yogurt w/Fresh Fruit

^Grilled Cheese Sandwiches w/Green Peas, Crisp Sweet Potato Fries, and Fresh Fruit Selection

Fresh Guacamole w/ ^*Pita Chips

Orange-Mango Smoothie

^*<u>Spinach-Artichoke Pasta</u> w/Maple Glazed Carrots, ^*<u>Warm Pita Bread</u>, and Fruit Selection

^Housemade Trail Mix

<u>Yogurt</u> w/Fresh Fruit

^*Four Cheese Ravioli w/Marinara Sauce, Broccoli, ^*Warm Garlic Bread, and Fruit Selection

^Housemade Trail Mix

^Avocado Toast

Texas Style Baked Beans w/Brown Rice, Sweet Corn, ^*Homemade cornbread, and Fruit Selection

^*<u>Celebration Homemade</u> <u>Confetti Cake</u> Cheese Grits

Teriyaki Chicken w/Brown Rice, Stir Fry Vegetables, and Mixed Berry Applesauce (V=Meatless Teriyaki Chicken)

^*Warm Soft Pretzels w/<u>Cheddar Sauce</u>

^*Spinach + Cheese Fritatta

Hawaiian Chicken w/Brown Rice, Green Peas, and Fruit Selection (V=Meatless Hawaiian Chicken)

^Turkey and Cheese Wraps

^Cinnamon Toast

Curry Chicken w/Caribbean Rice and Beans, Carrots, and Fruit Selection (V= Meatless Curry)

Fresh Bananas w/ ^Graham Crackers

Strawberry-Kiwi Smoothie

^<u>Fish Sticks</u> with Yellow Rice, Broccoli, and Fresh Fruit Selection (V = ^*Veggie Nuggets)

Applesauce Yogurt Swirl

Housemade Hash w/Peppers and Onions

^*<u>Turkey Stroganoff</u> w/^*Egg Noodles, Green Peas, and Fresh Fruit Selection

(V= ^*<u>Meatless Stroganoff)</u>

Fresh Fruit w/ Cheese

^Multigrain Cheerios w/ Fresh Fruit

Vegetable Fried Rice w/^*Baked Egg Rolls, Stir Fry Vegetables, and Fresh Fruit Selection

^Monkey Munch Trail Mix <u>w/Yogurt</u>

*<u>Scrambled Eggs</u> w/<u>Cheese</u> and <u>Salsa</u>

^*Chicken Nuggets w/Peas and Carrots, ^*Warm Rolls, and Fresh Fruit Selection (V=^*Veggie Nuggets)

Fresh Fruit Selection
Grits

Vegetable Fried Rice with '^Egg Rolls, Stir Fry Vegetables, and Fresh Fruit Selection

Hummus and ^*Pita Chips

ORGANIC OFFERINGS:

Carrots, Broccoli, Mixed Berries, Cherries, Strawberries , Fresh Spinach, Canned Tomato Products FRESH FRUIT OFFERINGS:
Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)