## THE SUZUKI SCHOOL MENU

MENU CODING: V=Vegetarian Option *= May Contain Eggs Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

## MONDAY

TUESDAY
WEDNESDAY
THURSDAY
FRIDAY

## SCHOOL CLOSED

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^*Blueberry Crunch Bake<br>^*Veggie Alfredo Pasta<br>w/Broccoli, ^*Warm Garlic Bread, and Fruit Selection

Apple Slices w/ Yogurt Dip
$\wedge *$ Warm Biscuits w/Jam

Barbecue Chicken w/Baked Beans and Fruit Selection (V=Meatless Barbecue Chicken)

Hummus and ${ }^{\wedge}$ Crackers


> ^Multigrain Cheerios w/Fresh Fruit

Hawaiian Chicken w/Brown Rice, Green Peas and Carrots, and Fruit Selection (V=
Meatless Hawaiian Chicken)
^Graham Crackers w/
Applesauce

| ${ }^{\wedge}$ Sunflower Butter Toast w/Fresh Bananas |
| :---: |
| ^*Tofu and Wild Rice |
| Casserole, Sweet Carrots, and Fruit Selection |
| ^*Oatmeal Raisin Bars |
| ^*Three Cheese Frittata |
| ${ }^{\wedge}$ Ground Turkey Taco w/Saffron Rice, Sweet Corn w/ Peppers, Fruit Selection (V= ^Tofu Crumble Taco) |

Watermelon Salad w/Mint and Lime
${ }^{\wedge *}$ Warm Biscuits w/Jam

Chicken Fajitas w/Peppers, Fiesta Rice, Sweet Corn, Fruit Selection, and ${ }^{\wedge}$ Warm Tortillas ( $\mathrm{V}=\wedge^{*}$ Veggie Patty)


> ^Ground Turkey Taco w/Saffron Rice, Sweet Corn w/ Peppers, Fruit Selection (V= ^Tofu Crumble Taco)
^*Pita Chips w/ Hummus

Yogurt w/ Fresh Fruit
${ }^{\wedge}$ Grilled Cheese Sandwiches w/Green Peas, Crisp Sweet Potato Fries, and Fresh Fruit Selection

Fresh Guacamole w/^*Pita Chips
Orange-Mango Smoothie

| ^*Spinach-Artichoke Pasta |
| :---: |
| w/Maple Glazed Carrots, |
| ^*Warm Pita Bread, and Fruit |
| Selection |

^Housemade Trail Mix
Yogurt w/Fresh Fruit
^^*our Cheese Ravioli
w/Marinara Sauce, Broccoli,
^*Warm Garlic Bread, and
Fruit Selection
^Housemade Trail Mix
^Avocado Toast

Texas Style Baked Beans w/ Brown Rice, Sweet Corn,
^*Homemade cornbread, and Fruit Selection
$\wedge^{*}$ Celebration Homemade Confetti Cake

## Cheese Grits

Teriyaki Chicken w/Brown Rice, Stir Fry Vegetables, and Mixed Berry Applesauce (V=Meatless Teriyaki Chicken)
^*Warm Soft Pretzels w/Cheddar Sauce
${ }^{\wedge}$ *Spinach + Cheese Fritatta

Hawaiian Chicken
w/Brown Rice, Green Peas, and Fruit Selection
(V=Meatless Hawaiian Chicken)
${ }^{\wedge}$ Turkey and Cheese Wraps
${ }^{\wedge}$ Cinnamon Toast

Meatless Curry w/Caribbean
Rice and Beans, Carrots, and Fruit Selection

Fresh Bananas w/^Graham Crackers
Strawberry-Kiwi Smoothie
${ }^{\wedge}$ Fish Sticks with Yellow Rice, Broccoli, and Fresh Fruit Selection
(V = ^*Veggie Nuggets)

Applesauce Yogurt Swirl

Housemade Hash w/ Peppers and Onions
^*Meatless Stroganoff
w/^*Egg Noodles, Green
Peas, and Fresh Fruit Selection

Fresh Fruit w/ Cheese
^Multigrain Cheerios w/ Fresh Fruit

Vegetable Fried Rice w/^*Baked Egg Rolls, Stir Fry Vegetables, and Fresh Fruit Selection
$\wedge^{\wedge}$ Monkey Munch Trail Mix w/Yogurt
*Scrambled Eggs w/Cheese and Salsa
${ }^{\wedge *}$ Chicken Nuggets w/Peas and Carrots, $\wedge^{*}$ Warm Rolls, and Fruit Selection (V=^*Veggie Nuggets)

Fresh Fruit Selection
Grits

Vegetable Fried Rice with
*^Egg Rolls, Stir Fry
Vegetables, and Fresh Fruit Selection

