





## THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.



**MENU CODING:** V=Vegetarian Option \*= May Contain Eggs **Underline**=May Contain Dairy ^= May Contain Wheat

MONDAY

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

**FRIDAY** 

## Summer Break! Summer Break! Summer Break!

SCHOOL CLOSED

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	^*Blueberry Crunch Bake	^Sunflower Butter Toast w/Fresh Bananas	Yogurt w/ Fresh Fruit	Cheese Grits	Housemade Hash w/ Peppers and Onions
JUNE 5-9	^* <u>Veggie Alfredo Pasta</u> w/Broccoli <u>.</u> ^* <u>Warm Garlic</u> <u>Bread.</u> and Fruit Selection	^* <u>Tofu and Wild Rice</u> <u>Casserole,</u> Sweet Carrots, and Fruit Selection	^Grilled Cheese Sandwiches w/Green Peas, Crisp Sweet Potato Fries, and Fresh Fruit Selection	Teriyaki Chicken w/Brown Rice, Stir Fry Vegetables, and Mixed Berry Applesauce (V=Meatless Teriyaki Chicken)	^*Meatless Stroganoff w/^*Egg Noodles, Green Peas, and Fresh Fruit Selection
	Apple Slices w/ Yogurt Dip	^*Oatmeal Raisin Bars	Fresh Guacamole w/^* <u>Pita Chips</u>	^*Warm Soft Pretzels w/ <u>Cheddar Sauce</u>	Fresh Fruit w/ Cheese
	^* <u>Warm Biscuits</u> w/Jam	^*Three Cheese Frittata	Orange-Mango Smoothie	^*Spinach + Cheese Fritatta	^Multigrain Cheerios w/ Fresh Fruit
JUNE 12-16	Barbecue Chicken w/Baked Beans and Fruit Selection (V=Meatless Barbecue Chicken)	^Ground Turkey Taco w/Saffron Rice, Sweet Corn w/ Peppers, Fruit Selection (V= ^Tofu Crumble Taco)	^* <u>Spinach-Artichoke Pasta</u> w/Maple Glazed Carrots, ^* <u>Warm Pita Bread</u> , and Fruit Selection	Hawaiian Chicken w/Brown Rice, Green Peas, and Fruit Selection (V=Meatless Hawaiian Chicken)	Vegetable Fried Rice w/^*Baked Egg Rolls, Stir Fry Vegetables, and Fresh Fruit Selection
•	Hummus and ^Crackers	Watermelon Salad w/Mint and Lime	^Housemade Trail Mix	^ <u>Turkey and Cheese Wraps</u>	^Monkey Munch Trail Mix w/ <u>Yogurt</u>
		^* <u>Warm Biscuits</u> w/Jam	Yogurt w/Fresh Fruit	^ <u>Cinnamon Toast</u>	*Scrambled Eggs w/Cheese and Salsa
UNE 19-23	school closed	Chicken Fajitas w/Peppers, Fiesta Rice, Sweet Corn, Fruit Selection, and ^ <u>Warm</u> <u>Tortillas</u> (V= ^*Veggie Patty)	^*Four Cheese Ravioli w/Marinara Sauce, Broccoli, ^*Warm Garlic Bread, and Fruit Selection	Meatless Curry w/Caribbean Rice and Beans, Carrots, and Fruit Selection	^*Chicken Nuggets w/Peas and Carrots, ^*Warm Rolls, and Fruit Selection (V=^*Veggie Nuggets)
7		^* <u>Pita Chips</u> w/ <u>Housemade</u> <u>Spinach Dip</u>	^Housemade Trail Mix	Fresh Bananas w/^Graham Crackers	Fresh Fruit Selection
-30	^Multigrain Cheerios w/Fresh Fruit	^* <u>Broccoli and Cheese</u> <u>Frittata</u>	^Avocado Toast	Strawberry-Kiwi Smoothie	Grits
	Hawaiian Chicken w / Brown		Texas Style Baked Beans w/	^Fish Sticks with Yellow Rice,	Vegetable Fried Rice with

Brown Rice, Sweet Corn,

^\*Homemade cornbread, and

**Fruit Selection** 

^\*Celebration Homemade

**Confetti Cake** 

## **ORGANIC OFFERINGS:**

Hawaiian Chicken w/Brown

Rice, Green Peas and Carrots,

and Fruit Selection (V=

Meatless Hawaiian Chicken)

^Graham Crackers w/

**Applesauce** 

**FRESH FRUIT OFFERINGS:** Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)

\*^Egg Rolls, Stir Fry

Vegetables, and Fresh Fruit

Selection

Hummus and ^\*Pita Chips

Broccoli, and Fresh Fruit

Selection

(V = ^\*Veggie Nuggets)

**Applesauce Yogurt Swirl** 

^Veggie Spaghetti Pie

w/Vegetable Medley and

**Fruit Selection** 

^\*Pita Chips w/ Hummus