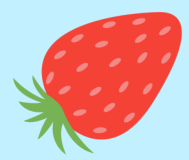
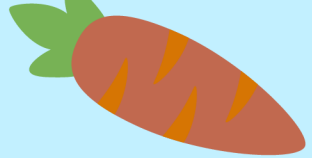


AUGUST

THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.



MENU CODING:
V=Vegetarian Option
***= May Contain Eggs**
Underline=May Contain Dairy
^= May Contain Wheat

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------|---|---|--|---|---|
| AUGUST 1-2 | | | | <u>Blueberry-Pineapple Smoothie</u> ^Orange Chicken w/Brown Rice, Stir Fry Vegetables, and Fruit Selection (V= ^Meatless Orange Chicken) <u>Cheese w/^Crackers</u> | <u>^Apple Crunch Bake</u> <u>^Macaroni and Three Cheese Pasta</u> w/Maple Glazed Brussels Sprouts and Mixed Berry Applesauce <u>^Warm Soft Pretzels w/Cheddar Sauce</u> |
| AUGUST 5-9 | <u>^Warm Biscuits</u> W/Jam <u>^Chicken Nuggets</u> w/Peas and Carrots, <u>^Warm Rolls</u> , and Fruit Selection (V= <u>^Veggie Nuggets</u>) Sunflower Butter w/^Crackers | <u>^Multigrain Cheerios</u> w/Fresh Fruit Spanish Style Black Beans w/Yellow Rice, Plantains, Green Beans, and Fruit Selection <u>^Graham Crackers</u> w/ <u>Housemade Cream Cheese Dip</u> | <u>Orange-Mango Smoothie</u> Chicken Fajitas w/Peppers, Fiesta Rice, Sweet Corn, Fruit Selection, and <u>^Warm Tortillas</u> (V= <u>^Veggie Patty</u>) <u>^Housemade Trail Mix</u> | Housemade Hash w/Peppers and Onions <u>^Grilled Cheese Sandwiches</u> w/Green Peas, <u>^Pasta Salad</u> and Fresh Fruit Selection Baked Spiced Apples w/ <u>Yogurt</u> | <u>^Three Cheese Quiche</u> <u>^Chicken Lo Mein</u> w/Mixed Vegetables and Fruit Selection (V= <u>Meatless Curry</u>) Watermelon Salad w/Mint and Lime |
| AUGUST 12-16 | <u>Cheese Grits</u> <u>^Chicken Alfredo Pasta</u> w/Broccoli, <u>^Warm Garlic Bread</u> , and Fruit Selection (V= <u>^Veggie Alfredo</u>) Fresh Bananas w/^Graham Crackers | Housemade Hash w/Peppers and Onions <u>^Ground Chicken Taco</u> w/Saffron Rice, Sweet Corn w/Peppers, Fruit Selection and <u>^Warm Tortillas</u> (V= <u>^Tofu Crumble Taco</u>) Sunflower Butter w/^Crackers | <u>Yogurt</u> w/Fresh Fruit <u>^Macaroni and Three Cheese Pasta</u> w/Maple Glazed Brussels Sprouts and Fruit Selection Fresh Guacamole w/^Pita Chips | <u>Maple Apple Baked Oatmeal</u> <u>^Chicken Pot Pie</u> w/Mixed Veggies, Green Beans and Baked Apples (V= <u>^Veggie Pot Pie</u>) Fresh Mixed Melons | <u>^Cheese Toast</u> <u>^Peachy Barbecue Chicken</u> w/Roasted Potatoes, Veggie Medley, <u>^Warm Rolls</u> , and Fruit Selection (V= <u>Meatless Peachy Barbecue</u>) Fresh Fruit w/ <u>Cheese</u> |
| AUGUST 19-23 | Housemade Hash w/Peppers and Onions Lemon-Herb Baked Chicken w/Brown Rice, Broccoli and Fresh Fruit Selection (V= <u>^Veggie Patty</u>) <u>^Warm Soft Pretzels</u> w/ <u>Cheddar Sauce</u> | <u>Pineapple-Banana Smoothie</u> Chicken Fajitas w/Peppers, Fiesta Rice, Sweet Corn, Fruit Selection, and <u>^Warm Tortillas</u> (V= <u>^Veggie Patty</u>) <u>^Pita Chips</u> w/Fruit Salsa | <u>^Cinnamon Toast</u> <u>^Chicken and Wild Rice Casserole</u> w/Peas and Carrots and Fruit Selection (V= <u>^Veggie Casserole</u>) <u>Cheese</u> w/^Crackers | <u>Cheese Grits</u> Ground Chicken Sloppy Joes on <u>^Warm Rolls</u> , Green Beans, and Fresh Fruit Selection (V= <u>Tofu Crumble Sloppy Joe</u>) Fresh Bananas w/^Graham Crackers | <u>*Scrambled Eggs</u> w/ <u>Cheese</u> and Salsa <u>^Chicken Spaghetti Pie</u> w/Green Peas and Fruit Selection (V= <u>^Veggie Spaghetti Pie</u>) Fresh Fruit Selection |
| AUGUST 26-30 | <u>^Blueberry Crunch Bake</u> Homestyle Chicken w/^Gravy, Rosemary Potatoes, Green Beans, and Fruit Selection (V= <u>^Veggie Patty</u>) <u>Cheese</u> w/^Crackers | <u>^Cheese Toast</u> <u>^Grilled Cheese Sandwiches</u> w/Sweet Corn and Fruit Selection (V= <u>^Veggie Spaghetti Pie</u>) Fresh Mixed Melon | <u>^Multigrain Cheerios</u> w/Fresh Fruit <u>^Apricot Glazed Chicken</u> w/ <u>Mashed Potatoes</u> , Green Peas and Fresh Fruit Selection (V= <u>^Apricot Glazed Tofu</u>) <u>^Celebration Homemade Confetti Cake</u> | <u>Cinnamon-Raisin Oatmeal</u> <u>^Fish Sticks</u> w/ <u>Housemade Tartar Sauce</u> , Yellow Rice, Broccoli, and Fresh Fruit Selection (V= <u>^Veggie Nuggets</u>) <u>^Monkey Munch Trail Mix</u> w/ <u>Yogurt</u> | <u>Green Smoothie</u> <u>^Texas Style Baked Beans</u> w/Brown Rice, Sweet Carrots, <u>^Warm Rolls</u> , and Fruit Selection Fresh Fruit Selection |

ORGANIC OFFERINGS:

Carrots, Broccoli, Mixed Berries, Cherries, Strawberries, Fresh Spinach, Canned Tomato Products

FRESH FRUIT OFFERINGS:

Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)