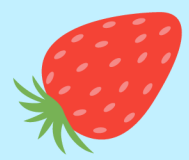
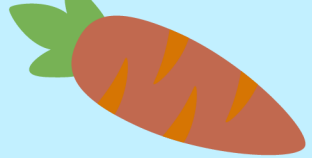


AUGUST

THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.



MENU CODING:
V=Vegetarian Option
***= May Contain Eggs**
Underline=May Contain Dairy
^= May Contain Wheat

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUGUST 1-2				<u>Blueberry-Pineapple Smoothie</u> ^Orange Chicken w/Brown Rice, Stir Fry Vegetables, and Fruit Selection (V= ^Meatless Orange Chicken) <u>Cheese w/^Crackers</u>	^ <u>Apple Crunch Bake</u> ^ <u>Macaroni and Three Cheese Pasta</u> w/Maple Glazed Brussels Sprouts and Mixed Berry Applesauce ^ <u>Warm Soft Pretzels</u> w/ <u>Cheddar Sauce</u>
AUGUST 5-9	^ <u>Warm Biscuits</u> w/Jam ^ <u>Chicken Nuggets</u> w/Peas and Carrots, ^ <u>Warm Rolls</u> , and Fruit Selection (V= ^ <u>Veggie Nuggets</u>) Sunflower Butter w/^Crackers	^Multigrain Cheerios w/Fresh Fruit Spanish Style Black Beans w/Yellow Rice, Plantains, Green Beans, and Fruit Selection ^Graham Crackers w/ <u>Housemade Cream Cheese Dip</u>	<u>Orange-Mango Smoothie</u> Chicken Fajitas w/Peppers, Fiesta Rice, Sweet Corn, Fruit Selection, and ^ <u>Warm Tortillas</u> (V= ^ <u>Veggie Patty</u>) ^ <u>Housemade Trail Mix</u>	Housemade Hash w/Peppers and Onions ^ <u>Grilled Cheese Sandwiches</u> w/Green Peas, ^ <u>Pasta Salad</u> and Fresh Fruit Selection Baked Spiced Apples w/ <u>Yogurt</u>	^ <u>Three Cheese Quiche</u> ^ <u>Chicken Lo Mein</u> w/Mixed Vegetables and Fruit Selection (V= <u>Meatless Curry</u>) Watermelon Salad w/Mint and Lime
AUGUST 12-16	<u>Cheese Grits</u> ^ <u>Veggie Alfredo Pasta</u> w/Broccoli, ^ <u>Warm Garlic Bread</u> , and Fruit Selection Fresh Bananas w/^Graham Crackers	Housemade Hash w/Peppers and Onions ^Ground Chicken Taco w/Saffron Rice, Sweet Corn w/Peppers, Fruit Selection and ^ <u>Warm Tortillas</u> (V= ^Tofu Crumble Taco) Sunflower Butter w/^Crackers	<u>Yogurt</u> w/Fresh Fruit ^ <u>Macaroni and Three Cheese Pasta</u> w/Maple Glazed Brussels Sprouts and Fruit Selection Fresh Guacamole w/^Pita Chips	<u>Maple Apple Baked Oatmeal</u> ^ <u>Veggie Pot Pie</u> w/Mixed Veggies, Green Beans and Baked Apples Fresh Mixed Melons	^ <u>Cheese Toast</u> ^Peachy Barbecue Chicken w/Roasted Potatoes, Veggie Medley, ^ <u>Warm Rolls</u> , and Fruit Selection (V= Meatless Peachy Barbecue) Fresh Fruit w/ <u>Cheese</u>
AUGUST 19-23	Housemade Hash w/Peppers and Onions Lemon-Herb Baked Chicken w/Brown Rice, Broccoli and Fresh Fruit Selection (V= ^ <u>Veggie Patty</u>) ^ <u>Warm Soft Pretzels</u> w/ <u>Cheddar Sauce</u>	<u>Pineapple-Banana Smoothie</u> Chicken Fajitas w/Peppers, Fiesta Rice, Sweet Corn, Fruit Selection, and ^ <u>Warm Tortillas</u> (V= ^ <u>Veggie Patty</u>) ^ <u>Pita Chips</u> w/Fruit Salsa	^ <u>Cinnamon Toast</u> ^ <u>Veggie and Wild Rice Casserole</u> w/Peas and Carrots and Fruit Selection <u>Cheese</u> w/^Crackers	<u>Cheese Grits</u> Ground Chicken Sloppy Joes on ^ <u>Warm Rolls</u> , Green Beans, and Fresh Fruit Selection (V= Tofu Crumble Sloppy Joe) Fresh Bananas w/^Graham Crackers	* <u>Scrambled Eggs</u> w/ <u>Cheese</u> and Salsa ^ <u>Veggie Spaghetti Pie</u> w/Green Peas and Fruit Selection Fresh Fruit Selection
AUGUST 26-30	^ <u>Blueberry Crunch Bake</u> Homestyle Chicken w/^ <u>Gravy</u> , Rosemary Potatoes, Green Beans, and Fruit Selection (V= ^ <u>Veggie Patty</u>) <u>Cheese</u> w/^Crackers	^ <u>Cheese Toast</u> ^ <u>Grilled Cheese Sandwiches</u> w/Sweet Corn and Fruit Selection Fresh Mixed Melon	^Multigrain Cheerios w/Fresh Fruit ^Apricot Glazed Chicken w/ <u>Mashed Potatoes</u> , Green Peas and Fresh Fruit Selection (V= ^Apricot Glazed Tofu) ^ <u>Celebration Homemade Confetti Cake</u>	<u>Cinnamon-Raisin Oatmeal</u> ^ <u>Fish Sticks</u> w/Yellow Rice, Broccoli, and Fresh Fruit Selection (V= ^ <u>Veggie Nuggets</u>) ^ <u>Monkey Munch Trail Mix</u> w/ <u>Yogurt</u>	<u>Green Smoothie</u> ^Texas Style Baked Beans w/Brown Rice, Sweet Carrots, ^ <u>Warm Rolls</u> , and Fruit Selection Fresh Fruit Selection

ORGANIC OFFERINGS:

Carrots, Broccoli, Mixed Berries, Cherries, Strawberries, Fresh Spinach, Canned Tomato Products

FRESH FRUIT OFFERINGS:

Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)