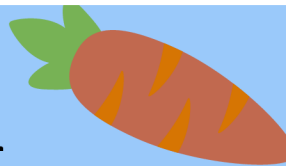


DECEMBER



THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

MENU CODING:
V=Vegetarian Option
***= May Contain Eggs**
Underline=May Contain Dairy
^= May Contain Wheat

DECEMBER 2-6
 DECEMBER 9 - 13
 DECEMBER 16 - 20
 DECEMBER 23 - 27
 DECEMBER 30 - 31

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DECEMBER 2-6	<p><u>Pineapple-Blueberry Smoothie</u></p> <p>^Barbecue Chicken w/Broccoli, ^<u>Warm Rolls</u>, and Fruit Selection (V= ^Meatless Barbecue Chicken)</p> <p>^Pretzels w/<u>Cheddar Sauce</u></p>	<p><u>Cinnamon Raisin Oatmeal</u></p> <p>^<u>Four Cheese Ravioli</u> w/Marinara Sauce, Green Beans, ^<u>Warm Garlic Bread</u>, and Fruit Selection</p> <p>Sunbutter and ^Crackers</p>	<p>^Cheerios w/<u>Milk</u></p> <p>^<u>Fish Sticks</u> w/<u>Housemade Tartar Sauce</u>, Yellow Rice, Broccoli, and Fresh Fruit Selection (V= ^<u>Veggie Nuggets</u>)</p> <p>Fresh Fruit Selection</p>	<p>^Avocado Toast</p> <p>^<u>Spinach and Kale Pesto Pasta</u> w/Sweet Carrots, ^<u>Warm Rolls</u>, Fruit Selection</p> <p>^Housemade Trail Mix</p>	<p>^<u>Warm Biscuits</u> w/Jam</p> <p>^<u>Chicken Lo Mein</u> w/Mixed Vegetables and Fruit Selection (V= ^Vegetable Lo Mein)</p> <p><u>Cheese</u> w/^Crackers</p>
DECEMBER 9 - 13	<p>^<u>Blueberry Crunch Bake</u></p> <p>^<u>Chicken and Wild Rice Casserole</u> w/Garlic Green Beans, ^<u>Warm Rolls</u>, and Fruit Selection (V= ^<u>Vegetable Casserole</u>)</p> <p>Fresh Bananas w/^Graham Crackers</p>	<p><u>Housemade Hash</u> w/<u>Peppers and Onions</u></p> <p>Veggie Chili w/Sweet Carrots and ^<u>Housemade Cornbread</u>, and Fruit Selection</p> <p>Fresh Fruit Selection</p>	<p><u>Orange-Mango Smoothie</u></p> <p>^<u>Macaroni and Three Cheese Pasta</u> w/Maple Glazed Brussel Sprouts and Mixed Berry Applesauce</p> <p>^Housemade Trail Mix</p>	<p><u>Strawberry and Cream Oatmeal</u></p> <p>^Vegetable Fried Rice w/^Baked Egg Rolls, ^Stir Fry Vegetables, and Fresh Fruit Selection</p> <p><u>Applesauce-Yogurt Swirl</u></p>	<p>^Multigrain Cheerios w/Fresh Fruit</p> <p>^Peachy Barbecue Chicken w/Baked Beans, Sweet Corn and ^<u>Warm Rolls</u>, and Fruit Selection (V= ^Meatless Peachy Barbecue)</p> <p>Fresh Guacamole w/^<u>Pita Chips</u></p>
DECEMBER 16 - 20	<p>^<u>Apple Crunch Bake</u></p> <p>Spanish Style Black Beans w/Yellow Rice, Plantains, Green Beans, and Fruit Selection</p> <p>Fresh Bananas w/^Graham Crackers</p>	<p><u>Cheese Grits</u></p> <p>^Ground Chicken Taco w/<u>Cheddar Sprinkles</u>, Saffron Rice, Sweet Corn w/Peppers, Fruit Selection (V= ^Tofu Crumble Taco)</p> <p>Sunflower Butter w/^Crackers</p>	<p><u>Housemade Hash</u> w/<u>Peppers and Onions</u></p> <p>^<u>Broccoli and Cheese Casserole</u> w/Maple Glazed Carrots and Fresh Fruit Selection</p> <p>Bakes Spiced Peaches w/<u>Yogurt</u></p>	<p>^<u>Cinnamon Toast</u></p> <p>^Teriyaki Chicken w/Brown Rice, Stir Fry Vegetables, and Mixed Berry Applesauce (V= ^Meatless Teriyaki Chicken)</p> <p>^Housemade Trail Mix</p>	<p><u>Orange-Peach Smoothie</u></p> <p>Sliced Turkey w/<u>Gravy</u>, <u>Mashed Potatoes</u>, Green Beans and ^<u>Warm Rolls</u>, and Fruit Selection (V= ^<u>Veggie Patty</u> w/<u>Gravy</u>)</p> <p>^<u>Apple Pie</u></p>
DECEMBER 23 - 27	<h1>WINTER BREAK!</h1> <h2>SCHOOL CLOSED!</h2>				
DECEMBER 30 - 31					

ORGANIC OFFERINGS:

Carrots, Broccoli, Mixed Berries, Cherries, Strawberries, Fresh Spinach, Canned Tomato Products

FRESH FRUIT OFFERINGS:

Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)