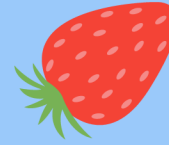
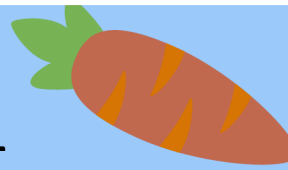


# DECEMBER



## THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

**MENU CODING:**  
**V=Vegetarian Option**  
**\*= May Contain Eggs**  
**Underline=May Contain Dairy**  
**^= May Contain Wheat**

DECEMBER 2-6

DECEMBER 9 - 13

DECEMBER 16 - 20

DECEMBER 23 - 27

DECEMBER 30 - 31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Pineapple-Blueberry Smoothie</u></p> <p>^Barbecue Chicken w/Broccoli, ^<u>Warm Rolls</u>, and Fruit Selection (V= ^Meatless Barbecue Chicken)</p> <p>^Pretzels w/<u>Cheddar Sauce</u></p>	<p><u>Cinnamon Raisin Oatmeal</u></p> <p>^<u>Four Cheese Ravioli</u> w/Marinara Sauce, Broccoli, ^<u>Warm Garlic Bread</u>, and Fruit Selection</p> <p>Sunbutter and ^Crackers</p>	<p>^Cheerios w/<u>Milk</u></p> <p>^<u>Fish Sticks</u> w/Yellow Rice, Broccoli, and Fresh Fruit Selection (V= ^<u>Veggie Nuggets</u>)</p> <p>Fresh Fruit Selection</p>	<p>^Avocado Toast</p> <p>^<u>Spinach and Kale Pesto Pasta</u> w/Sweet Carrots, ^<u>Warm Rolls</u>, Fruit Selection</p> <p>^Housemade Trail Mix</p>	<p>^<u>Warm Biscuits</u> w/Jam</p> <p>^Chicken Lo Mein w/Mixed Vegetables and Fruit Selection (V= ^Vegetable Lo Mein)</p> <p><u>Cheese</u> w/^Crackers</p>
<p>^<u>Blueberry Crunch Bake</u></p> <p>^<u>Vegetable and Wild Rice Casserole</u> w/ Garlic Green Beans, ^<u>Warm Rolls</u>, and Fruit Selection</p> <p>Fresh Bananas w/^Graham Crackers</p>	<p><u>Housemade Hash w/Peppers and Onions</u></p> <p>Veggie Chili w/Sweet Carrots and ^<u>Housemade Cornbread</u>, and Fruit Selection</p> <p>Fresh Fruit Selection</p>	<p><u>Orange-Mango Smoothie</u></p> <p>^<u>Macaroni and Three Cheese Pasta</u> w/Maple Glazed Brussel Sprouts and Mixed Berry Applesauce</p> <p>^Housemade Trail Mix</p>	<p><u>Strawberry and Cream Oatmeal</u></p> <p>^Vegetable Fried Rice w/^Baked Egg Rolls, ^Stir Fry Vegetables, and Fresh Fruit Selection</p> <p><u>Applesauce-Yogurt Swirl</u></p>	<p>^Multigrain Cheerios w/Fresh Fruit</p> <p>^Peachy Barbecue Chicken w/Baked Beans, Sweet Corn and ^<u>Warm Rolls</u>, and Fruit Selection (V= ^Meatless Peachy Barbecue)</p> <p>Fresh Guacamole w/^<u>Pita Chips</u></p>
<p>^<u>Apple Crunch Bake</u></p> <p>Spanish Style Black Beans w/Yellow Rice, Plantains, Green Beans, and Fruit Selection</p> <p>Fresh Bananas w/^Graham Crackers</p>	<p><u>Cheese Grits</u></p> <p>^Ground Chicken Taco w/Saffron Rice, Sweet Corn w/Peppers, Fruit Selection (V= ^Tofu Crumble Taco)</p> <p>Sunflower Butter w/^Crackers</p>	<p><u>Housemade Hash w/Peppers and Onions</u></p> <p>^<u>Broccoli and Cheese Casserole</u> w/Maple Glazed Carrots and Fresh Fruit Selection</p> <p>Bakes Spiced Peaches w/<u>Yogurt</u></p>	<p>^<u>Cinnamon Toast</u></p> <p>^Teriyaki Chicken w/Brown Rice, Stir Fry Vegetables, and Mixed Berry Applesauce (V= ^Meatless Teriyaki Chicken)</p> <p>^Housemade Trail Mix</p>	<p><u>Orange-Peach Smoothie</u></p> <p>Sliced Turkey w/<u>Gravy Mashed Potatoes</u>, Green Beans and ^<u>Warm Rolls</u>, and Fresh Fruit Selection (V= ^<u>Veggie Patty</u> w/<u>Gravy</u>)</p> <p>^<u>Apple Pie</u></p>

**WINTER BREAK!**  
**SCHOOL CLOSED!**



**ORGANIC OFFERINGS:**

Carrots, Broccoli, Mixed Berries, Cherries, Strawberries, Fresh Spinach, Canned Tomato Products

**FRESH FRUIT OFFERINGS:**

Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)