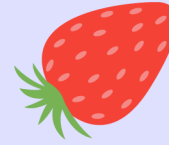
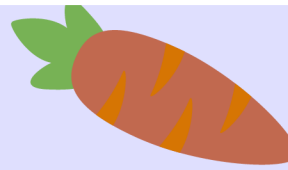


# JANUARY



## THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

**MENU CODING:**  
**V=Vegetarian Option**  
**\*= May Contain Eggs**  
**Underline=May Contain Dairy**  
**= May Contain Wheat**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JANUARY 1 - 3			<p><b>NEW YEARS DAY!</b> <b>SCHOOL CLOSED!</b></p>	^Housemade Hash w/Peppers and Onions  ^Hawaiian Chicken w/Brown Rice, Green Peas and Fruit Selection (V= ^Meatless Hawaiian Chicken)  ^Ritz Crackers w/Hummus	^^Warm Biscuits w/Jam  ^Teriyaki Chicken w/Brown Rice, Stir Fry Vegetables, and Mixed Berry Applesauce (V= ^Meatless Teriyaki Chicken)  ^Housemade Trail Mix
JANUARY 6 - 10	^Blueberry Crunch Bake  ^^Chicken Nuggets w/Peas and Carrots, ^Warm Rolls, and Fruit Selection (V= ^Veggie Nuggets)  Fresh Bananas w/^Graham Crackers	^Avocado Toast  ^Grilled Cheese Sandwiches w/Green Peas and Fresh Fruit Selection  ^Pita Chips w/Hummus	Yogurt w/Fresh Fruit  ^^Macaroni and Three Cheese Pasta w/Maple Glazed Brussel Sprouts and Mixed Berry Applesauce  Sunflower Butter w/^Crackers	Maple Brown Sugar Oatmeal  ^Ground Chicken Sloppy Joes on ^Warm Rolls, Green Beans, and Fresh Fruit Selection (V= ^Tofu Crumble Sloppy Joe)  Applesauce-Yogurt Swirl	^Multigrain Cheerios w/Fresh Fruit  ^^Chicken Tetrazzini w/Spinach and Parmesean, Carrots, and Fresh Fruit Selection (V= ^Veggie Tetrazzini)  Watermelon Salad w/Mint and Lime
JANUARY 13 - 17	^Apple Crunch Bake  Curry Chicken w/Carribbean Rice and Beans, Carrots, and Fruit Selection (V= Meatless Curry)  Fresh Bananas w/^Graham Crackers	Cheese Grits  ^Ground Chicken Taco w/Cheddar Sprinkles, Saffron Rice, Sweet Corn w/Peppers, Fruit Selection (V= ^Tofu Crumble Taco)  Sunflower Butter w/^Crackers	Yogurt w/Fresh Fruit  ^^Spinach-Artichoke Pasta w/Maple Glazed Carrots, ^Warm Pita Bread, and Fruit Selection  Fresh Guacamole w/^Pita Bread	^Cinnamon Toast  ^^Chicken Lasagna w/Garlic Green Beans and Fresh Fruit Selection (V= ^Veggie Lasagna)  ^Housemade Trail Mix	Housemade Hash w/Peppers and Onions  Vegetable Fried Rice w/^Baked Egg Rolls, Stir Fry Vegetables, and Fresh Fruit Selection  Fresh Fruit Selection
JANUARY 20 - 24		Pineapple-Banana Smoothie  ^^Spinach and Kale Pesto Pasta w/ Sweet Carrots, ^Warm Rolls, Fruit Selection  ^Club Crackers and Spinach Dip	Sunflower Butter Toast w/Fresh Bananas  ^Barbecue Chicken w/Baked Beans, Pasta Salad and Fruit Selection (V= ^Meatless Barbecue Chicken)  Fresh Fruit Selection	Housemade Hash w/Peppers and Onions  ^^Broccoli and Cheese Casserole w/Maple Glazed Carrots and Fresh Fruit Selection  Apple Slices w/Yogurt Dip	Grits w/Butter  ^^Chicken Alfredo Pasta w/Broccoli, ^Warm Garlic Bread, and Fruit Selection (V= ^Veggie Alfredo Pasta)  Fresh Bananas w/^Graham Crackers
JANUARY 27 - 31	^Cheese Toast  ^Homestyle Chicken w/Gravy, Mashed Potatoes, Green Beans, and Fruit Selection (V= ^Veggie Patty)  ^Celebration Key Lime Cake	^Homemade Banana Bread  Spanish Style Black Beans w/Yellow Rice, Plantains, Green Beans, and Fruit Selection  Cheese w/^Crackers	Housemade Hash w/Peppers and Onions  ^^Fish Sticks w/Housemade Tartar Sauce, Yellow Rice, Broccoli, and Fresh Fruit Selection (V= ^Veggie Nuggets)  Fresh Fruit Selection	Strawberries and Cream Oatmeal  Veggie Chili w/Sweet Carrots and ^Housemade Cornbread, and Fruit Selection  Fresh Bananas w/^Graham Crackers	^Blueberry Crunch Bake  ^^Macaroni and Three Cheese Pasta w/Maple Glazed Brussel Sprouts and Fresh Fruit  ^Monkey Munch Trail Mix w/Yogurt

**ORGANIC OFFERINGS:**

Carrots, Broccoli, Mixed Berries, Cherries, Strawberries, Fresh Spinach, Canned Tomato Products

**FRESH FRUIT OFFERINGS:**

Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)