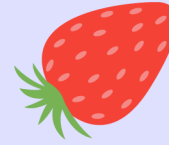
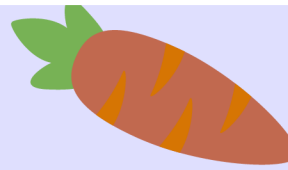


JANUARY



THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

MENU CODING:
V=Vegetarian Option
***= May Contain Eggs**
Underline=May Contain Dairy
^= May Contain Wheat

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JANUARY 1 - 3			<p>NEW YEARS DAY! SCHOOL CLOSED!</p>	^Housemade Hash w/Peppers and Onions ^Hawaiian Chicken w/Brown Rice, Green Peas and Fruit Selection (V= ^Meatless Hawaiian Chicken) ^Ritz Crackers w/Hummus	^^ <u>Warm Biscuits</u> w/ Jam ^Teriyaki Chicken w/Brown Rice, Stir Fry Vegetables, and Mixed Berry Applesauce (V= ^Meatless Teriyaki Chicken) ^Housemade Trail Mix
JANUARY 6 - 10	^^ <u>Blueberry Crunch Bake</u> ^^ <u>Chicken Nuggets</u> w/Peas and Carrots, ^^ <u>Warm Rolls</u> , and Fruit Selection (V= ^^ <u>Veggie Nuggets</u>) Fresh Bananas w/^^Graham Crackers	^Avocado Toast ^ <u>Grilled Cheese Sandwiches</u> w/Green Peas and Fresh Fruit Selection ^^ <u>Pita Chips</u> w/Hummus	<u>Yogurt</u> w/Fresh Fruit ^^ <u>Macaroni and Three Cheese Pasta</u> w/Maple Glazed Brussel Sprouts and Mixed Berry Applesauce Sunflower Butter w/^^Crackers	<u>Maple Brown Sugar Oatmeal</u> ^Ground Chicken Sloppy Joes on ^^ <u>Warm Rolls</u> , Green Beans, and Fresh Fruit Selection (V= ^Tofu Crumble Sloppy Joe) <u>Applesauce-Yogurt Swirl</u>	^Multigrain Cheerios w/Fresh Fruit ^^ <u>Veggie Tetrazzini</u> w/Spinach and <u>Parmesean</u> , Carrots, and Fresh Fruit Selection Watermelon Salad w/Mint and Lime
JANUARY 13 - 17	^^ <u>Apple Crunch Bake</u> <u>Curry Chicken</u> w/Carribbean Rice and Beans, Carrots, and Fruit Selection (V= <u>Vegetable Curry</u>) Fresh Bananas w/^^Graham Crackers	<u>Cheese Grits</u> ^Ground Chicken Taco w/Saffron Rice, Sweet Corn w/Peppers, Fruit Selection (V= ^Tofu Crumble Taco) Sunflower Butter w/^^Crackers	<u>Yogurt</u> w/Fresh Fruit ^^ <u>Spinach-Artichoke Pasta</u> w/Maple Glazed Carrots, ^^ <u>Warm Pita Bread</u> , and Fruit Selection Fresh Guacamole w/^^ <u>Pita Bread</u>	^^ <u>Cinnamon Toast</u> ^^ <u>Veggie Lasagna</u> w/Garlic Green Beans and Fresh Fruit Selection ^Housemade Trail Mix	Housemade Hash w/Peppers and Onions Vegetable Fried Rice w/^^Baked Egg Rolls, Stir Fry Vegetables, and Fresh Fruit Selection Fresh Fruit Selection
JANUARY 20 - 24	<p>MARTIN LUTHER KING JR. DAY SCHOOL CLOSED!</p>	<u>Pineapple-Banana Smoothie</u> ^^ <u>Spinach and Kale Pesto Pasta</u> w/ Sweet Carrots, ^^ <u>Warm Rolls</u> , Fruit Selection ^Club Crackers and <u>Spinach Dip</u>	Sunflower Butter Toast w/Fresh Bananas ^Barbecue Chicken w/Baked Beans, Pasta Salad and Fruit Selection (V= ^Meatless Barbecue Chicken) Fresh Fruit Selection	Housemade Hash w/Peppers and Onions ^^ <u>Broccoli and Cheese Casserole</u> w/Maple Glazed Carrots and Fresh Fruit Selection Apple Slices w/ <u>Yogurt Dip</u>	<u>Grits</u> w/Butter ^^ <u>Veggie Alfredo Pasta</u> w/Broccoli, ^^ <u>Warm Garlic Bread</u> , and Fruit Selection Fresh Bananas w/^^Graham Crackers
JANUARY 27 - 31	^^ <u>Cheese Toast</u> ^Homestyle Chicken w/ <u>Gravy</u> , <u>Mashed Potatoes</u> , Green Beans, and Fruit Selection (V= ^^ <u>Veggie Patty</u>) ^^ <u>Celebration Key Lime Cake</u>	^^ <u>Homemade Banana Bread</u> Spanish Style Black Beans w/Yellow Rice, Plantains, Green Beans, and Fruit Selection <u>Cheese</u> w/^^Crackers	Housemade Hash w/Peppers and Onions ^^ <u>Fish Sticks</u> w/ <u>Housemade Tartar Sauce</u> , Yellow Rice, Broccoli, and Fresh Fruit Selection (V= ^^ <u>Veggie Nuggets</u>) Fresh Fruit Selection	<u>Strawberries and Cream Oatmeal</u> Veggie Chili w/Sweet Carrots and ^^ <u>Housemade Cornbread</u> , and Fruit Selection Fresh Bananas w/^^Graham Crackers	^^ <u>Blueberry Crunch Bake</u> ^^ <u>Macaroni and Three Cheese Pasta</u> w/Maple Glazed Brussel Sprouts and Fresh Fruit ^Monkey Munch Trail Mix w/ <u>Yogurt</u>

ORGANIC OFFERINGS:

Carrots, Broccoli, Mixed Berries, Cherries, Strawberries, Fresh Spinach, Canned Tomato Products

FRESH FRUIT OFFERINGS:

Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)