

MARCH



THE SUZUKI SCHOOL MENU

Disclaimer: Some prepackaged foods and/or ingredients may have been processed in a facility that also processes nut products, and menu items are subject to change.

MENU CODING:
V=Vegetarian Option
***= May Contain Eggs**
Underline=May Contain Dairy
^= May Contain Wheat

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARCH 3 - 7	<p><u>Maple Brown Sugar Oatmeal</u></p> <p>^<u>Four Cheese Ravioli</u> w/<u>Marinara Sauce</u>, <u>Broccoli</u>, ^<u>Warm Garlic Bread</u>, and <u>Fruit Selection</u></p> <p>Fresh Fruit</p>	<p>^<u>Cheese Toast</u></p> <p>^<u>Apricot Glazed Chicken</u> w/<u>Mashed Potatoes</u>, <u>Green Peas</u> and <u>Fresh Fruit Selection</u> (V= ^<u>Apricot Glazed Tofu</u>)</p> <p>^<u>Warm Soft Pretzels</u> w/<u>Cheddar Sauce</u></p>	<p>^<u>Cheerios</u> w/<u>Fresh Fruit</u></p> <p>^<u>Roasted Vegetable Pasta</u> w/<u>Marinara</u>, <u>Sweet Carrots</u> and <u>Fruit Selection</u></p> <p><u>Applesauce-Yogurt Swirl</u></p>	<p><u>Blueberry-Pineapple Smoothie</u></p> <p>^<u>Orange Chicken</u> w/<u>Brown Rice</u>, <u>Stir Fry Vegetables</u>, and <u>Fruit Selection</u> (V= ^<u>Vegetable Orange Chicken</u>)</p> <p><u>Cheese</u> w/^<u>Crackers</u></p>	<p>^<u>Baked Cinnamon Apple Crumble</u></p> <p>^<u>Macaroni and Three Cheese Pasta</u> w/<u>Maple Glazed Brussels Sprouts</u> and <u>Mixed Berry Applesauce</u></p> <p>Sunflower Butter w/^<u>Crackers</u></p>
MARCH 10 - 14	<p>^<u>Warm Biscuits</u> w/<u>Jam</u></p> <p>^<u>Barbecue Chicken</u> w/<u>Broccoli</u>, ^<u>Warm Rolls</u>, and <u>Fruit Selection</u> (V= ^<u>Vegetable Barbecue Chicken</u>)</p> <p>Baked Spiced Apples w/<u>Yogurt</u></p>	<p>^<u>Avocado Toast</u></p> <p><u>Chickpea Curry</u> w/<u>Caribbean Rice</u> and <u>Beans</u>, <u>Carrots</u>, and <u>Fruit Selection</u></p> <p><u>Cheese</u> w/^<u>Crackers</u></p>	<p><u>Orange-Mango Smoothie</u></p> <p>^<u>Spinach-Artichoke Pasta</u> w/<u>Maple Glazed Carrots</u>, ^<u>Warm Pita Bread</u>, and <u>Fruit Selection</u></p> <p><u>Applesauce-Yogurt Swirl</u></p>	<p>Housemade Hash w/<u>Peppers</u> and <u>Onions</u></p> <p>^<u>Vegetable Pot Pie</u> w/<u>Mixed Veggies</u>, <u>Green Beans</u> and <u>Baked Apples</u></p> <p>Fresh Bananas w/^<u>Graham Crackers</u></p>	<p>^<u>Homemade Banana Bread</u></p> <p>Texas Style Baked Beans w/<u>Brown Rice</u>, <u>Broccoli</u>, ^<u>Homemade Cornbread</u>, and <u>Fruit Selection</u></p> <p>^<u>Housemade Trail Mix</u></p>
MARCH 17 - 21	<p><u>Blueberries</u> and <u>Cream Oatmeal</u></p> <p>^<u>Macaroni and Three Cheese Pasta</u> w/<u>Maple Glazed Brussel Sprouts</u> and <u>Mixed Berry Applesauce</u></p> <p><u>Cheese</u> w/^<u>Crackers</u></p>	<p><u>Yogurt</u> w/<u>Fresh Fruit</u></p> <p>^<u>Chili Lime Fish Stick Tacos</u> w/<u>Mango Salsa</u>, <u>Fiesta Rice</u>, <u>Sweet Corn</u> and <u>Fruit Selection</u> (V= ^<u>Meatless Taco</u>)</p> <p>Fresh Fruit Selection</p>	<p><u>Pineapple-Banana Smoothie</u></p> <p>^<u>Grilled Cheese Sandwiches</u> w/<u>Sweet Corn</u>, <u>Crisp Sweet Potato Fries</u>, and <u>Fresh Fruit Selection</u></p> <p>Sunflower Butter w/^<u>Crackers</u></p>	<p>^<u>Cheerios</u> w/<u>Fresh Fruit</u></p> <p>^<u>Chicken Lasagna</u> w/<u>Garlic Green Beans</u> and <u>Fresh Fruit Selection</u> (V= ^<u>Vegetable Lasagna</u>)</p> <p>Fresh Fruit w/<u>Cheese</u></p>	<p><u>Cheese Grits</u></p> <p>Louisiana Style Red Beans w/<u>Brown Rice</u>, <u>Vegetable Medley</u> and <u>Fruit Selection</u></p> <p>^<u>Housemade Trail Mix</u></p>
MARCH 24 - 28	<p>Housemade Hash w/<u>Peppers</u> and <u>Onions</u></p> <p>^<u>Chicken Stroganoff</u> w/^<u>Egg Noodles</u>, <u>California Blend Vegetables</u> and <u>Mixed Berry Applesauce</u> (V= ^<u>Vegetable Stroganoff</u>)</p> <p>Fresh Guacamole w/^<u>Pita Chips</u></p>	<p>^<u>Blueberry Crunch Bake</u></p> <p>White Bean Chili w/<u>Steamed Rice</u>, <u>Garlic Green Beans</u>, and <u>Fruit Selection</u></p> <p>^<u>Warm Soft Pretzels</u> w/<u>Cheddar Sauce</u></p>	<p>^<u>Cinnamon Toast</u></p> <p>^<u>Spinach and Kale Pesto Pasta</u> w/<u>Sweet Carrots</u>, ^<u>Warm Rolls</u>, <u>Fruit Selection</u></p> <p>^<u>Celebration Chocolate-Zucchini Bread</u></p>	<p><u>Cheese Grits</u></p> <p>^<u>Vegetable Fried Rice</u> w/^<u>Baked Egg Rolls</u>, ^<u>Stir Fry Vegetables</u>, and <u>Fresh Fruit Selection</u></p> <p>Fresh Bananas w/^<u>Graham Crackers</u></p>	<p>^<u>Cheerios</u> w/<u>Fresh Fruit</u></p> <p>^<u>Black Bean Taco</u> w/<u>Cheddar Sprinkles</u>, <u>Sweet Corn</u> and <u>Fruit Selection</u></p> <p>^<u>Graham Crackers</u> w/<u>Housemade Cream Cheese Dip</u></p>
MARCH 31	<p><u>Strawberry Mango Smoothie</u></p> <p>^<u>Chicken Alfredo Pasta</u> w/<u>Broccoli</u>, ^<u>Warm Garlic Bread</u>, and <u>Fruit Selection</u> (V= ^<u>Vegetable Alfredo</u>)</p> <p>^<u>Pita Chips</u> w/<u>Hummus</u></p>				

ORGANIC OFFERINGS:

Carrots, Broccoli, Mixed Berries, Cherries, Strawberries, Fresh Spinach, Canned Tomato Products

FRESH FRUIT OFFERINGS:

Apple Slices, Orange Smiles, Bananas, Melons (Seasonal)